CORONAVIRUS DISEASE 2019 (COVID-19)

The Michigan Department of Health and Human Services (MDHHS) is working closely with healthcare providers, local public health departments, and the Centers for Disease Control and Prevention (CDC) to actively monitor any potential cases of Coronavirus Disease 2019 (COVID-19) in Michigan. MDHHS will update information as it becomes available at: Michigan.gov/Coronavirus.

What is COVID-19?

COVID-19 is a virus strain that has only spread in people since December 2019. Health experts are concerned because little is known about this new virus and it has the potential to cause severe illness and pneumonia.

How does COVID-19 spread?

Health experts are still learning the details about how this new coronavirus spreads. The virus is thought to spread mainly from person-to-person:

- Between people who are in close contact (within about 6 feet) with an ill person, and
- Through respiratory droplets produced when an infected person coughs or sneezes.
- It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it, then touching their mouth, nose or eyes.

What are the symptoms of COVID-19?

People who have been diagnosed with COVID-19 have reported symptoms that may appear in as few as two days or as long as 14 days after exposure to the virus:

Fever   Cough   Difficulty Breathing

Michigan.gov/Coronavirus

Who is at risk for COVID-19?

Certain people are at higher risk of becoming sicker or seriously ill with COVID-19 including:

- Older adults.
- People with serious chronic medical conditions such as heart disease, diabetes, and lung disease.

It is important to remember that stigma and discrimination occur when people associate an infectious disease, with a population or nationality. COVID-19 does not target people from specific populations, ethnicities, or racial backgrounds.

How can I protect myself from getting COVID-19?

If you have plans to travel, follow the CDC's guidance: CDC.gov/Travel.

Right now, there are no additional precautions recommended for the general public. Steps you can take to prevent spread of flu and the common cold will also help prevent COVID-19:

Wash your hands often with soap and water. If not available, use hand sanitizer.

Avoid touching your eyes, nose or mouth with unwashed hands.

Cover your mouth and nose with a tissue when coughing.

Avoid contact with people who are sick.

Stay home if you are sick, and contact your healthcare provider.

How is COVID-19 treated?

There are no medications specifically approved for coronavirus. People infected with COVID-19 should receive supportive care to help relieve symptoms. For severe cases, treatment should include care to support vital organ functions.

COVID-19 Information Updates:
Centers for Disease Control and Prevention: CDC.gov/Coronavirus
Michigan Department of Health and Human Services: Michigan.gov/Coronavirus

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